

Middle School Meals 101



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Bozeman Public Schools Food and Nutrition Services

About Us

Bozeman School District #7's Food & Nutrition Services strives to support student achievement, success, and lifelong wellness by providing an innovative school food model that encourages a culture of healthy choices.

Homemade Mondays!

Our goal is to continuously increase the number of homemade items that are available to students. While many days of the week will feature made-from-scratch items, you can rely on the fact that **every Monday** our main entrée has been freshly homemade in our Central Kitchen facility. We also aim to offer locally sourced food when able.

School Breakfast

- Both Sacajawea and Chief Joseph offer Grab-N-Go breakfast starting everyday at 7:45 in the school's foyer (look for the food cart!)
- All breakfasts include a whole grain item, fruit, and milk (1% white or skim white), a protein source is frequently offered as well.
- Students are encouraged, but not required to take milk.
- All students must take at least ½ cup of fruit (unlimited available), and the entrée.
- **Students that qualify for free or reduced lunch ALSO receive free or reduced breakfast.**

School Lunch

- Lunches include *unlimited* fruits & vegetables, an entrée, and milk (1% white, skim white, or skim chocolate). Again, students are encouraged to take milk, but it is not required.
- Students can return and take unlimited fruits and vegetables if they are still hungry, or they may purchase another entrée for \$1.75.
- Students bringing lunch from home are able to purchase milk for \$0.50, or access the fruit and vegetable bar for \$0.75.
- There is also a variety of ala carte items available for purchase. These items all meet the USDA Smart Snack guidelines.

Meal Prices

	Paid	Reduced	Free
Middle School Breakfast	\$2.00	\$0.30	\$0
Breakfast Entrée Only	\$1.75	\$1.75	\$1.75
Middle School Lunch	\$3.00	\$0.40	\$0
Second Entrée (purchased with meal)	\$1.75	\$1.75	\$1.75
Entrée Only	\$2.50	\$2.50	\$2.50
Milk Only	\$0.50	\$0.50	\$0.50
Fruit and Vegetable Bar Only	\$0.75	\$0.75	\$0.75

Meal Accounts

- All students are assigned a meal account when enrolled in the district. When purchasing a school lunch, they provide the cashier with their name and the meal is charged to their account.
 - **Ways to Add Money to Account:**
 - Send Money: You can send money with your student for them to give to the cashier. If you are paying by check, please include your child's name on the check. If you have multiple children in the same school, you can write one check (please designate how much per child).
 - Add Money Online:
 - Go to www.myschoolbucks.com
 - Follow the directions on the screen. (cost \$2.49/transaction)
 - **NOTE:** *When using My School Bucks, there is a delay of 1-3 days before the money shows up in the student's account.*
- My School Bucks also gives you access to monitor your students account balance, purchases, and to set up low balance auto-pay.**

Free & Reduced Lunch

- Applications are available online (bsd7.org → Our District → Food Services), or from the office at your school.
- If your student was approved for free/reduced lunch last year, you still need to reapply this year as **last year's status expires 10/7/19**.
- Student's receiving free/reduced meals qualify for a reimbursable meal, meaning unlimited fruits and vegetables, choice of entrée, and milk. **Second entrees and extra milk are not covered by this program.**
- Call 406-522-6380 or email schoollunch@bsd7.org with any questions.

Account Balance Notifications:

- Cashiers will notify the student if their account balance is \$5.00 or less.
- The cashier will also send email notices if the student's lunch account is low or in the negative. They may also contact you via phone.
- Thank you for ensuring your child's meal account stays current.

Menus:

- Our interactive menus are available online and through a mobile app. Here you can view ingredients, nutrition information, and allergens. **We encourage all parents/guardians and students to get on and explore the menu!** There is also a feature that allows you to select dietary filters for students with special diets.
- Online: bsd7.org → Lunch Menu **OR** bsd7.nutrislice.com
- Mobile App: Search **Nutrislice** in the Apple or Android App store

Family Members:

- Family members are welcome and encouraged to come have meals with your student(s). You may purchase a lunch for \$3.75, or bring your own. You can use cash, check, or student account.

Food Allergies:

- If you have any dietary questions or concerns please contact Brittany Selvig: **406-522-6381** or brittany.selvig@bsd7.org