

# Elementary School Meals 101



## About Us

***Bozeman School District #7's Food & Nutrition Services strives to support student achievement, success, and lifelong wellness by providing an innovative school food model that encourages a culture of healthy choices.***

### Homemade Mondays!

Our goal is to continuously increase the number of homemade items that are available to students. While many days of the week will feature made-from-scratch items, you can rely on the fact that **every Monday** the main entrée has been freshly homemade in our Central Kitchen facility. We also aim to offer locally sourced food when able.

## School Breakfast

- The following Elementary Schools serve breakfast in the cafeteria before school (check with your school for exact times):  
Whittier      Hyalite      Irving
- All breakfasts include a whole grain item, fruit, and milk (1% white or skim white), a protein source is frequently offered as well.
- Students are encouraged, but not required to take milk.
- All students must take at least ½ cup of fruit (unlimited available), and the entrée.
- **Students that qualify for free or reduced lunch ALSO receive free or reduced breakfast.**

## School Lunch

- Lunches include *unlimited* fruits & vegetables, an entrée, and milk (1% white, skim white, or skim chocolate). Again, students are encouraged to take milk, but it is not required.
- Elementary students have the choice between three entrees every day: the main entrée, a second rotating “cold” option, or a PB&J.
- Students can return and take unlimited fruits and vegetables if they are still hungry, or they may purchase another entrée for \$1.75.
- Students bringing lunch from home are able to purchase milk for \$0.50, or access the fruit and vegetable bar for \$0.75.

## Meal Prices

	Paid	Reduced	Free
Elementary Breakfast	\$1.75	\$0.30	\$0
Elementary Lunch	\$2.80	\$0.40	\$0
Second Entrée	\$1.75	\$1.75	\$1.75
Milk Only	\$0.50	\$0.50	\$0.50
Fruit and Vegetable Bar Only	\$0.75	\$0.75	\$0.75

## Meal Accounts

- All students are assigned a meal account when enrolled in the district. When purchasing a school lunch, they provide the cashier with their name and the meal is charged to their account.
- **Ways to Add Money to Account:**
  - Send Money: You can send money with your child in an envelope with their first and last name. If you are paying by check, please include your child's name on the check. If you have multiple children in the same school, you can write one check (please designate how much per child).
  - Add Money Online:
    - Go to [www.myschoolbucks.com](http://www.myschoolbucks.com)
    - Follow the directions on the screen. (cost \$2.49/transaction)
    - **NOTE:** *When using My School Bucks, there is a delay of 1-3 days before the money shows up in the student's account.*
    - **My School Bucks also gives you access to monitor your students account balance, purchases, and to set up low balance auto-pay.**

## Free & Reduced Lunch

- Applications are available online ([bsd7.org](http://bsd7.org) → Our District → Food Services), or from the school office.
- If your student was approved for free/reduced lunch last year, you still need to reapply this year as **last year's status expires 10/7/19**.
- Student's receiving free/reduced meals qualify for a reimbursable meal, meaning unlimited fruits and vegetables, choice of entrée, and milk. Second entrees and **extra milk (including snack milk)** are not covered by this program.
- **Call 406-522-6380 or email [schoollunch@bsd7.org](mailto:schoollunch@bsd7.org) with any questions.**

## Account Balance Notifications:

- Cashiers will stamp a smiley face on your child's hand if their account balance is \$5.00 or less as a reminder that their account is getting low.
- The cashier will also send paper and/or email notices home if the student's lunch account is low or in the negative. They may also contact you via phone.
- Thank you for ensuring your child's meal account stays current.

## Menus:

- Our interactive menus are available online and through a mobile app. Here you can view ingredients, nutrition information, and allergens. **We encourage all parents/guardians and students to get on and explore the menu!** There is also a feature that allows you to select dietary filters for students with special diets.
- Online: [bsd7.org](http://bsd7.org) → Lunch Menu **OR** [bsd7.nutrislice.com](http://bsd7.nutrislice.com)
- Mobile App: Search **Nutrislice** in the Apple or Android App store

## Family Members:

- Family members are welcome and encouraged to come have meals with your student(s). You may purchase a lunch for \$3.75, or bring your own. You can use cash (please bring exact change), check, or student account.

## Food Allergies:

- If you have any dietary questions or concerns please contact Brittany Selvig: **406-522-6381 or [brittany.selvig@bsd7.org](mailto:brittany.selvig@bsd7.org)**